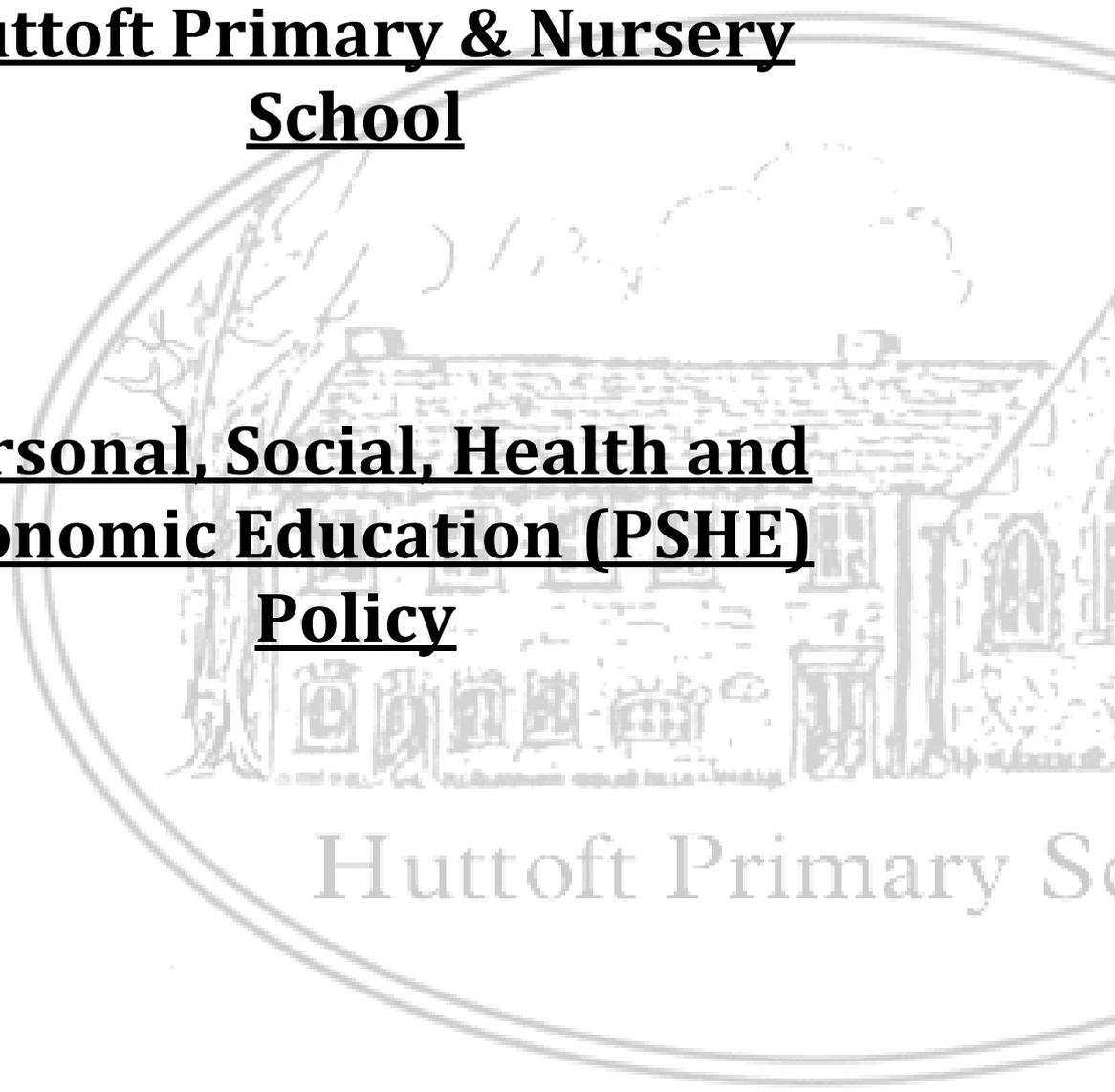


Huttoft Primary & Nursery School

Personal, Social, Health and Economic Education (PSHE) Policy



Huttoft Primary & Nursery School (Academy)

'Building Foundations, Enabling Discovery, Broadening Horizons'

Introduction

PSHE should reflect and be reflected in the values and ethos of the school. The importance of PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school. In doing so they learn to recognise their own worth, work well with others, develop resilience and become increasingly responsible for their own learning and broadening their knowledge and understanding of the world and beyond.

Intent

Our PSHE scheme supports our school ethos, environment and curriculum in embedding our school values of:

Respect Individuality Friendship Ambition Resilience

Through our PSHE scheme we aim that children will:

- Be prepared to play an active role as citizens
- Develop and understand features of positive relationships
- Grow as confident individuals with their own thoughts, views and identity
- Learn strategies to help manage change and difficult emotions
- Be respectful of differences and celebrate diversity
- Be able to talk about their feelings and develop positive self-esteem
- Know how to keep safe in the wider world
- Work collaboratively and support each other
- Become kind, caring and thoughtful listeners
- Develop their sense of morality and speak when they feel something is 'wrong'
- Live a healthier and safer lifestyle

Implementation- PSHE Framework

Our PSHE framework incorporates the 3 inter-related strands of social and moral responsibility, community involvement and political literacy. Our school scheme is reflective of the DfE's guidance for Relationships Education, Relationships and Sex Education and Health Education and incorporates lessons from Growing up with Yasmine and Tom, a PSHE accredited scheme from the Family Planning Association (FPA).

Our Nursery and Reception children have many opportunities to enrich their Personal, Social and Emotional Development as part of the EYFS framework.

The scheme, which was revised for implementation in September 2020, contains the following themes and topics:

1. Mental health and emotional wellbeing
2. Physical health, wellbeing and fitness
3. Awareness of the effects of harmful substances
4. Keeping safe

5. E-safety
6. Diversity and respect
7. Mindfulness
8. Dreams and aspirations
9. Self-care
10. Bullying and its impact on others
11. Family and friendship
12. Identity, society and living in a wider world
13. Financial capability
14. Transition
15. Growth and change
16. Transitional
17. Sex Education (for upper KS2)
18. Basic First Aid

These themes are not exclusive. Teachers are given the responsibility to listen to the needs of their children and provide additional support through PSHE where this is needed within school.

Our Relationships and Sex Education focuses are largely covered within our PSHE scheme. Further details are given in our RSE Policy, revised Autumn 2020.

Each class has dedicated time every week to follow our school scheme of work however PSHE is not confined to a specific timetable alone. A variety of forms of provision are used in combination at different times, including discrete provision and provision through cross-curricular opportunities. Evidence of these provisions can be seen in:

- RE- respectfully learning about diversity in culture, beliefs and traditions
- Visits to places of worship
- Science- study of healthy bodies
- Mindfulness activities
- PSHE folders
- Literacy learning- debates, newspaper articles, speaking and listening, drama
- Photographs of school activities
- Wide range of Assembly topics and children's contributions
- Attendance at sporting events
- Performances and class assemblies
- Displays – specific content and cross curricular labelling
- Drama activities
- After School Clubs
- Records of Achievement
- School Partnership activities
- School council activities
- School website
- EYFS Learning Journeys
- Fundraising Activities
- Community celebrations
- Circle Time
- Work with external agencies
- Whole school themed weeks e.g. anti-bullying week
- Supporting charity work
- Sharing stories and using these to discuss our PSHE themes
- Health and safety procedures
- Aspirations week

- Visits from community members and aspirational figures
- Opportunities to debate, analyse and share judgements
- Leadership opportunities e.g. school council, school ambassadors, house captains

Impact

Pupils at Huttoft Primary School are confident, polite and respectful. They understand and exhibit our school values and form positive relationships with staff and peers. Our children grow as effective communicators who can talk about their own thoughts and feelings. Pupils' needs are well supported and children learn the skills they need to progress through their education.

